

KATE KLEMER DC, RCST
CURRICULUM VITAE

EDUCATION

R.C.S.T. Registered Craniosacral Therapist 1998-2001
American School for Energy Therapies, Watertown, MA
700 Hour training with British Osteopath's: Michael Kern, Katherine Ukeja
and pre and perinatal therapist Scott Zamrut

D.C. Doctor of Chiropractic 1984-1988
C. Western States Chiropractic College, Portland, Oregon

A.A. Associate in Arts 1982-1984
Holyoke Community College, Holyoke, Massachusetts
Liberal Arts University of Massachusetts at Amherst 1981-1982

CHIROPRACTOR

- Practice Associate Doctor for Dr. Steve Owens, West Hartford, CT 1988-1989
- Clinical Chiropractic Practice, Northampton, Massachusetts 1989-2009
- Directed a multidisciplinary clinical practice with Medical Doctor/ Homeopaths, Acupuncturists, Massage Therapists, Physical therapists, Licensed social Workers, Pilate's Mat Teachers, Rolfers, and Naturopaths.
- Clinical Chiropractic Practice, New York, New York 2009-present

ADMINISTRATOR

- Course Organizer/Administrator Northampton, Massachusetts 2003-2005 for Author, Teacher, Osteopath, and Naturopath: Michael Kern

T.A./TEACHING EXPERIENCE

- Assisted Michael Kern:
 - 1.) Biodynamic Craniosacral Foundation Training 10 modules 2003-2005 Northampton, Massachusetts
 - 2.) Biodynamic Craniosacral Visceral Training 5 days 2004 Plainfield, Massachusetts
- Taught Introductory Biodynamic Craniosacral and Kinesiology Workshop 2007
- Assisting Cherionna Menzam, Foundation Biodynamic Craniosacral Therapy
- Teacher, PhD., OTR, RCST, LMT, and Continuum Teacher 2007-2010
- Assisted Franklyn Sills, Biodynamic Craniosacral Teacher and Author 2009

PUBLIC SPEAKING

- Visiting Nurses Association, Massachusetts 1991
- Smith College Ada Comstock students, Massachusetts 1992
- School of Shiatsu, Vermont 1993
- Monthly panel talks on: 1991-present
 - detoxification of the liver and digestive system
 - women's health
 - fibromyalgia
 - back pain
 - healthy eating
 - headaches/TMJ
 - mind body medicine
 - applied kinesiology
 - candida, dysbiosis, and how that relates to fatigue, skin issues, headaches sinusitis, mental fog, joint pain, muscle pain, and auto immune issues/pre-disease states
 - why is it important to control your blood sugar and how to do that
 - asthma prevention
 - chronic disease prevention/wellness for cancer, heart disease, and diabetes
 - spinal health
 - blood type diet for food and lifestyle choices
 - vertigo, dizziness, and tinnitus
 - what happens to our physiology with trauma and how craniosacral and mind body practices can help heal that

PUBLICATIONS/ PRESS

- Article Many Hands Magazine: Biodynamic Craniosacral Therapy, what is it? 2006
- Radio Show 103.3FM Northampton: Cranial work introduction and history 2007
- Article Curve Magazine; What is craniosacral therapy? By Stephanie Schroeder 2008
- www.drkateklemer.com/blog : health issues treated with alternative medicine, health politics,
- wellness education, and stories
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TRAININGS, CERTIFICATIONS, WORKSHOPS

- Upleger Institute Intro to Craniosacral with Clyde Ford, D.C. 1987
- Sacro-occipital Technique @ Western States Chiropractic College 1987
- Gonstead Technique @ Western States Chiropractic College 1987
- Nasal Specifics Course with Dr. Stauber, D.C., N.D. 1986
- Whiplash and Spinal Trauma Seminar 1991
- Cox Flexion Distraction Technique, Dr. Cox, D.C. 1992
- Rosalyn Bruyere Healing Intensive trainings 1992-1994
- Multiple Nutritional Kinesiology and herbal seminars with:
- Dr. Anderson

- Dr. Versendaal
- Dr. Brimhall
- Dr. Haywood
- Dr. Bone 1992-present
- Cranial course taught by British Osteopath's 5 days in London 1998
- Franklyn Sills 5 day advanced Craniosacral training NYC 2007

HONORS/AWARDS

- Amherst Regional High School State Champion Basketball Player
- Amherst Regional High School Awarded Class Athlete
- Dean's List Holyoke Community College, Pre-chiropractic curriculum
- Valley Advocate Best Chiropractor Readers Poll, Northampton, Massachusetts

STATE LICENCES HELD

- Connecticut
- Vermont
- New York
- Massachusetts